

## Today's Date

Dear Parent/Guardian,

The Allen County Department of Health (ACDH) and **School Name** were recently notified that your child, **Student Name**, was exposed to someone with COVID on **Date of Exposure** during the school day. The Centers for Disease Control (CDC) defines a high-risk contact as anyone within 6ft of a confirmed case for an accumulation of 15 minutes or more. According to our investigation, your child does meet these criteria and will need to do the following:

There are 4 options for quarantined students and staff:

- 1.) **Quarantine through day 7, return on day 8** – Person must be asymptomatic and receive a negative test (either a PCR or rapid test from an official testing site) on days 5, 6, or 7. (*The results of the negative PCR or rapid test will need to be provided to the school.*) The person must wear a mask while at school on days 8 – 14 and socially distance.
- 2.) **Quarantine through day 10, return on day 11** – Person must be asymptomatic through day 10 (and remain that way). The person must wear a mask while at school on days 11 -14 and socially distance.
- 3.) **Traditional 14-day Quarantine** – Person may return on day 15 with no precautions.
- 4.) **If fully vaccinated and asymptomatic** – Person is not required to quarantine but should watch for any symptoms listed below.

- During this time, please monitor your child for symptoms of COVID, including fever, cough, shortness of breath, fatigue, muscle aches, loss of taste or smell, nausea, vomiting, diarrhea, and chest pain. If your child develops any of these symptoms, please contact your primary care physician to have them evaluated.
- If your child does not develop symptoms but you would like to have them tested, we recommend that you wait until at least 5 days have passed from the last known exposure. It is important to note that your child will need to complete the 14-day quarantine even if the test results are negative. Please visit the following link for testing locations near you:  
<https://www.coronavirus.in.gov/2524.htm>.
- Only the person identified as a direct contact to a confirmed case is placed in quarantine. If other children or household members in your home were not exposed to the confirmed case, they are not placed in a quarantine and are free to return to school or work.

We realize this can be an anxious time for those who may have been exposed. Let us assure you that your health and well-being is our top priority, and we are doing everything necessary to address the situation. Thanks for your understanding. Please contact the Allen County Health Department at (260) 449-4499 if you have any questions.

Sincerely,