

TES & TIS SKI PE SEE 2<sup>ND</sup> PAGE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Macaroni &amp; Cheese</b> 3 Broccoli, Cucumbers Mandarin Fruit Cup Milk (Contains Gluten & Dairy)	<b>BBQ Chicken</b> 4 Carrots, Potato Wedges Cantaloupe Sunchips Milk (No Gluten or Dairy)	<b>Chili</b> 5 Snap Peas Grapes Corn Muffin Milk (No Gluten. Dairy sides)	<b>Shredded Pork Tacos</b> 6 Cowboy Salad Pineapple Milk (No Gluten. Dairy sides)	<b>Cheesy Potatoes &amp; Ham</b> 7 Red Vegetable Cup Salad, Dinner Roll Apple Milk (Contains Gluten & Dairy)
<b>Chicken Alfredo</b> 10 Broccoli, Carrots Cantaloupe Dinner Roll Milk (Contains Gluten & Dairy)	<b>BBQ Pulled Pork Sandwich</b> 11 Red Vegetable Cup Baked Beans Apple Sauce Milk (Contains Gluten & Dairy)	<b>Spaghetti &amp; Meatballs</b> 12 Green Beans Orange Milk (Contains Gluten. No Dairy)	<b>Cheese Pizza</b> 13 Salad Pears Milk (Contains Gluten & Dairy)	<b>Corn Dog</b> 14 Broccoli, Sweet Potato Fries Honey Dew Milk (Contains Gluten & Dairy)
<b>School Holiday</b> 17	<b>Bean &amp; Cheese Burrito</b> 18 Salad Corn, Spanish Rice Mandarin Fruit Cup Milk (Contains Gluten & Dairy)	<b>BBQ Chicken Drumstick</b> 19 Broccoli, Carrots Honey Dew Sunchips Milk (Contains Gluten & No Dairy)	<b>Nachos with Cheese</b> 20 Black Beans Red Vegetable Cup Celery Sticks, Mixed Fruit Cup Milk (Contains Gluten & Dairy)	<b>Chicken Parmesan Over Noodles</b> 21 Green Beans, Cowboy Salad Grapes Milk (Contains Gluten & No Dairy)
<b>Oven Fried Chicken</b> 24 Corn, Sweet Potato Fries Apple Dinner Roll Milk (Contains Gluten & Dairy)	<b>Meatloaf</b> 25 Green Beans Mashed Potatoes & Gravy Cantaloupe Milk (Contains Gluten & No Dairy)	<b>Sloppy Joe</b> 26 Baked Beans Red Vegetable Cup Apple Sauce Milk (Contains Gluten. No Dairy)	<b>Grilled Cheese &amp; Tomato Soup</b> 27 Celery Sticks Mixed Fruit Cup Milk (Contains Gluten & Dairy)	<b>Pancakes</b> 28 Sausage, Hashbrown Celery Sticks Pineapple Milk (Contains Gluten & Dairy)
<b>Cheeseburger</b> 31 Potato Wedges Green Beans Strawberries Milk (Contains Gluten & Dairy)	<b>Chicken Enchilada Casserole</b> 1 Spanish Rice Broccoli, Celery Sticks Grapes Milk (Contains Gluten & Dairy)	<b>Pulled Pork Sandwich</b> 2 Peas, Red Vegetable Cup Orange Milk (Contains Gluten & Dairy)	<b>Taco Salad</b> 3 Black Beans Strawberries Milk (Contains Gluten & Dairy)	<b>Oven Fried Chicken</b> 4 Mashed Potatoes & Gravy Corn, Dinner Roll Apple Milk (Contains Gluten & Dairy)

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**MENU SUBJECT TO CHANGE WITHOUT NOTICE.**

TES & TIS Ski PE kids will receive a cold, sack lunch on Ski PE days. Please contact your school's secretary if you did not sign your child up for sack lunch.

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Los niños de TES & TIS Ski PE recibirán un almuerzo frío los días de Ski PE.

Comuníquese con la secretaria de su escuela si no inscribió a su hijo para el almuerzo.