



Dec 20th
Through
Dec 31

December 2021/January 2022

**Oak Valley Elementary
Jonata Middle School**



Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
FREE FOR ALL STUDENTS				
Whole grain breakfasts, served with fruit, and 1% or Fat-Free milk MUST take 3 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Cereal Milk and Fresh Fruit	Whole Grain Muffin Milk and Fresh Fruit	Cereal Milk and Fresh Fruit	Mini Cinnis Milk and Fresh Fruit	Cereal Milk and Fresh Fruit
LUNCH				
FREE FOR ALL STUDENTS				
We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk MUST take AT LEAST 3 componenets - 1 component MUST be AT LEAST 1/2 cup fruit OR 1/2 cup Vegetable - MAY take up to 2 different vegetables - MAY take 1 Fat-Free or 1% milk				
		12/1	12/2	12/3
		Pork Pozole w/ Tortilla Chips	Taquitos & Refried Beans	Mac & Cheese w/ Chicken Tenders
12/6	12/7	12/8	12/9	12/10
Pasta w/ Meat Sauce	Cheese Pizza	Chili Mac w/ Cornbread	Chicken Sandwich	Nachos
12/13	12/14	12/15	12/16	12/17
Sloppy Joes	Cheese Pizza	Pork Pozole w/ Tortilla Chips	Cheese Ravioli	Mac & Cheese w/ Chicken Tenders
12/20 12/27	12/21 12/28	12/22 12/29	12/23 12/30	12/24 1/1
WINTER BREAK				
1/3	1/4	1/5	1/6	1/7
Corn Dog	Cheese Pizza	Bean & Cheese Burrito	Uncrustable PB&J	Pepperoni Pizza
1/10	1/11	1/12	1/13	1/14
Pasta w/ Meat Sauce	Cheese Pizza	Chili Mac w/ Cornbread	Cheeseburger	Nachos
1/17	1/18	1/19	1/20	1/21
	Cheese Pizza	Pork Pozole w/ Tortilla Chips	Chicken Sandwich	Mac & Cheese w/ Chicken Tenders
1/24	1/25	1/26	1/27	1/28
Pasta w/ Meat Sauce	Cheese Pizza	Chili Mac w/ Cornbread	Cheeseburger	Nachos
1/31				
Sloppy Joes				

Menu is subject to change without notice. This institution is an equal opportunity provider. Breakfast and lunch FREE for all students! ¡Desayuno y almuerzo GRATIS para todos los estudiantes!